

**Tracy Lynn Zaslou, M.D.**  
323-361-2142

- EMPLOYMENT:** **Children's Hospital Orthopedic Group**, September 2011-Present  
Primary care sports medicine clinician and clinical instructor  
Director of the Children's Sports Concussion Program  
Children's Sports Center Program Developer
- Primary Care Sports Medicine**, September 2007-2011  
Private-practice sports medicine clinic, hosting clinical clerkships for medical students, residents, and physician assistant students.  
Encino, CA
- FELLOWSHIP:** **Primary Care Sports Medicine**, July 2005-June 2007  
University of California Los Angeles, Los Angeles, CA
- CHIEF RESIDENCY:** **Pediatrics**, July 2004-June 2005  
Childrens Hospital Los Angeles, Los Angeles, CA
- RESIDENCY:** **Pediatrics**, July 2002-June 2004  
Childrens Hospital Los Angeles, Los Angeles, CA
- INTERNSHIP:** **Pediatrics**, July 2001-June 2002  
Childrens Hospital Los Angeles, Los Angeles, CA
- EDUCATION:** **Doctor of Medicine**, 2001  
New York Medical College, Valhalla, NY
- Bachelor of Science, Biochemistry and Cell Biology**, 1996  
University of California San Diego, San Diego, CA
- Junior Year Externship**, 1994-1995  
University of Nottingham, Nottingham, England

**LICENSURE/CERTIFICATION:**

- Certificate of Added Qualification Sports Medicine (July 2007-Present)
- Board-Certified in Pediatrics (October 2004-Present)
- California Medical License (Expires: August 2012)
- Controlled Substance Registration Certificate, Drug Enforcement Administration (Expires: May 2014)
- Cardio-Pulmonary Resuscitation (CPR)/Basic Life Support (BLS) (Expires: May 2013)
- Pediatric Advanced Life Support (PALS)/Neonatal Resuscitation Procedure (NRP) (Expires: May 2013)

**PROFESSIONAL SOCIETY MEMBERSHIPS:**

- American College of Sports Medicine (2006-present)
- American Medical Society of Sports Medicine (2005-present)
- Los Angeles Pediatric Society, Lifetime Member (2004-present)
- American Academy of Pediatrics, Fellow (2001-present)
- American Medical Student Association (1997-2001)

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### HONORS/AWARDS:

- **Be Our Voice Obesity Advocacy Training Scholarship** American Academy of Pediatrics (2011)
- **Oded Bar-Or Award** AAP Council on Sports Medicine and Fitness (October 2008)
  - Effects of Long-Distance Running in Children 10-14 years-old": Clinical Research presentation.
- **Outstanding Research Poster 23<sup>rd</sup> UCLA Multi-Campus Family Medicine Research Forum** (May 2007)
  - "Effects of Long-Distance Running in Children 10-14 years-old": Research poster presentation.
- **2 Minute Drill Winner** American Medical Society for Sports Medicine Annual Conference (April 2007)
  - "The Grape of Wrath": 2 Minute Drill Presentation
- **Chief Resident** Childrens Hospital Los Angeles (2004-2005)
  - Junior Attending position nominated by housestaff and appointed by senior faculty.
- **General Pediatrics Service Award** Childrens Hospital Los Angeles (2003)
  - Selected by the General Pediatrics Attending Staff "for outstanding medical service in an Ambulatory Care Setting."
- **Frances Nunnally Winzer Scholar "Intern of the Year"** Childrens Hospital Los Angeles (2002)
  - Elected by housestaff "for outstanding medical service as a Pediatric Intern."
- **Student Leadership Award** University of California San Diego, CA (1994)
  - Awarded for exceptional leadership and service to Revelle College.
- **Provost Honor's List** University of California San Diego (1993-1994, 1995-1996)
  - Recognition for superior scholastic achievement.
- **Summer Oncology Research Fellowship** Childrens Hospital Los Angeles (1994)
  - Project goal: To determine the extent of G1 Cyclin down-regulation in osteogenic sarcoma cells transduced with antisense cyclin G genes. Techniques: Western Blotting.
- **Gene Black Medical Careers Program Fellowship** Los Angeles Pediatric Society (1992)
  - Selected for one-on-one mentorship in multiple medical specialties.

### SPORTS MEDICINE PROFESSIONAL BACKGROUND:

- **CLINICAL ACTIVITIES**

- **Team Physician**

- Los Angeles Ballet Company (February 2010-Present)
    - Major League Soccer (MLS): Galaxy (September 2007-Present)
    - Women's Professional Soccer: Los Angeles Sol (February-August 2009)
    - Major League Soccer (MLS): Quakes (Spring 2008)
    - Montclair High School (September 2007-Present)
    - Viewpoint High School (September 2007-Present)
    - Los Angeles Unified School District (September 2007-Present)
    - Santa Monica High School (2005-2007)
    - UCLA Men's Volleyball (2005-2007)
    - UCLA Women's Soccer (2005-2007)

- **Event Coverage/Pre-participation Physicals**

- Major League Soccer (MLS) Pre-Participation Physicals (January 2007-Present)
    - UCLA Women's Softball NCAA Regional and Super-Regional Playoffs (May 2006, May 2007)
    - UCLA Men's Tennis Playoffs: 1<sup>st</sup> Round NCAA Playoffs (May 2006, May 2007)
    - UCLA Men's Volleyball MPSF Playoffs (April 2006)
    - Rafer Johnson/Jackie Joyner-Kersey Invitational (April 2006)
    - UCLA Women's Soccer Final Four (December 2005, December 2006)
    - Team HEAL Pre-Participation Physicals: Kerlan-Jobe Clinic, Los Angeles, California (June 2005)

- **Pediatric Sports Medicine: Denver Children's Hospital, Denver, CO (April 2007), Dr. K.B. Pengel, Dr. J. Hill**
  - **Sports Medicine Fellow, Ski Clinic: Park City, Utah (February 2007), Dr. D. Petron, Dr. A. Powell**
  - **Childrens Hospital Los Angeles (2004-2005)**

- Examine/assess pediatric sports-related injuries under the supervision of Dr. Jennifer Weiss.

- **Physician**, Pre-participation physicals on collegiate athletes, Pepperdine University, California (Fall 2004)

- **Sports Medicine Elective: Mammoth Lakes, CA (February 2004)** Drs. J. Perry, R. Shed and Dr. C. Hummel

- **Pediatric Orthopedics Elective: Seattle Children's Hospital (July-August 2000)** Drs. E. Conrad, D.P. Hamel, V.S. Mosca and K.M. Song.

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### SPORTS MEDICINE PROFESSIONAL BACKGROUND (continued):

- **LEADERSHIP/COMMUNITY INVOLVEMENT**

**Board Member-Secretary/Treasurer**, Los Angeles Pediatric Society (February 2010-Present)  
**Program Coordinator**, “Walk-to-School” Advocacy in partnership with AAP Chapter 2 (March 2010-Present)  
**Committee Member, Publications Committee**, American Medical Society of Sports Medicine ((2009-Present)  
**Committee Member, Education Committee**, American Medical Society of Sports Medicine ((2009-Present)  
**Program Coordinator**, Orthopedic Fellows’ Primary Care Sports Medicine Conference (October 2008-Present)  
**Expert Witness**, Medical-Legal case review, Law Offices of Rosenstock and Azran (June 2008)  
**Clinical Educator**, Primary Care Sports Medicine Clinic (September 2007-Present)  
**Sports Medicine Advisor**, California Interscholastic Federation (CIF) Medical Committee (2004-Present)

- **RESEARCH/PUBLICATIONS**

“**Laps with L.A.P.S.**” Los Angeles Pediatric Society Newsletter  
 Column providing sports medicine tips to general pediatricians.  
 “**Effects of Long-Distance Running in Children 10-14 years-old**” (2005-present)  
 University of California, Los Angeles: Primary Investigator; AMSSM Conference presentation 2007.  
 “**Klippel-Feil Syndrome:Fusion of Cervical Vertebrae**” *5 Minute Sports Medicine Clinical Consult*  
 Lippincott Williams & Wilkins, 2<sup>nd</sup> edition, January 2011.  
 “**Ultraviolet Keratitis**” *5 Minute Sports Medicine Clinical Consult*  
 Lippincott Williams & Wilkins, 2<sup>nd</sup> edition, January 2011.  
 “**Team Physician’s Corner: The Pregnant Athlete**” Sports Medicine Update, March/April 2007: pages 2-5.  
**Research Assistant**, (2004-2005) Santa Monica Orthopedic and Sports Medicine Research Foundation  
 Design and conduct injury prevention sports medicine research projects in pediatric population.

- **PRESENTATIONS**

**Children’s Hospital Los Angeles Pediatric Grand Rounds (August 2011)**

“Pediatric Sports Medicine: Trends, Unique Issues, Overview on Diagnoses”

**12<sup>th</sup> Annual Pediatric Trauma Conference (July 2011)**

“Sports Injuries and Concussions—Return to Play Legislation” Speaker/Panelist

“Orthopedic Injuries: It’s in Your Bones!”

**American Academy of Pediatrics, Advances in Pediatrics(April 2011), Invited Speaker**

“Concussion in Sports: Understanding the Management”

“The Sports (Pre-participation) Physical”

“Pediatric Sports Medicine: Trends, Unique Issues, Overview on Diagnoses”

“Core Stability Training: What Is It and What Is It’s Role”

**LAUSD Healthy Schools Campaign (February 2011)**

“Obesity and Our Students”: Obesity Prevention Planning for School Administrators

**Trinity Elementary School (December 2010)**

“Obesity, Us and Our Kids”: Parent Obesity Prevention Education

“From Fat to Fit: Let’s Learn the Trick’s!”: Elementary School Obesity Prevention Education

**American Academy of Pediatrics National Conference (October 2010)**

Office Examination of Common Sports Injuries Workshop, Assistant Instructor

Casting and Splinting Workshop for Pediatricians, Assistant Instructor

**Students Run LA Leaders Conference (September 2010)**

“Prevention of Running Injuries”: Lecture

**Santa Monica Orthopedic Group Sports Medicine Fellowship (Annually since 2010)**

“Sideline Management: Concussion and Chest/Abdominal Trauma”: Lecture

**Denver Children’s Sports Medicine Symposium, Keynote Speaker (August 2010)**

“Shoulder Pain Without Trauma: What Is It and How Do We Treat It?”; “My Shoulder Popped Out! Shoulder

Dislocation in the Young Athlete”: Lectures

**UCLA Physical Medicine and Rehabilitation Residency Lecture (July 2010-Present)**

“Early Specialization: Risks and Recommendations”: Lecture

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### SPORTS MEDICINE TRAINING AND ACTIVITIES (continued):

- **PRESENTATIONS (continued):**

**Henry Mayo Newhall Memorial Hospital Grand Rounds (January 2010)**

“Early Specialization: Risks and Recommendations”: Lecture

“Sideline Management of Concussion in the Pediatric Athlete”: Lecture

**White Memorial Hospital Pediatric Grand Rounds (January 2009)**

“Pre-participation Examination and Common Pediatric Sports Medicine-Related Injuries”: Lecture

**Orthopedic Fellows’ Primary Care Sports Medicine Conference (October 2008-Present)**

Program Coordinator/Presenter: “Early Specialization: Risks and Recommendations”: Lecture

**Western Podiatric Medical Congress (June 2008, June 2010)**

“Low Bone Density and the Young Athlete”; “Pediatric Sports Medicine”; “Core Stability”: Lectures

**Kaiser Permanente-Sunset Sports Medicine Conference (Annually 2008-Present)**

“Pediatric Sports Medicine: Trends and Common Problems”: Lecture

**Childrens Hospital Los Angeles Resident Noon Conference (August 2005-Present)**

Sports Medicine Lecture Series enhancing musculoskeletal education for residents

**23<sup>rd</sup> Annual UCLA Multi-Campus Family Medicine Research Forum (May 2007)**

“Effects of Long-Distance Running in Children 10-14 years-old”: Research poster presentation

**UCLA Nurse Practitioner Lecture Series (May 16<sup>th</sup>, 2007)**

“The PPE and Sports Medicine in a Nutshell”: Lecture and hands-on instruction module

**UCLA Family Practice Grand Rounds (May 9<sup>th</sup>, 2007)**

“Sports-Related Hand Injuries”: Lecture and hands-on instruction module

**Encino-Tarzana Medical Center (March 9<sup>th</sup>, 2007)**

“Acupuncture and Sports Medicine”: Lecture

**American Medical Society for Sports Medicine Annual Conference (April 2007)**

“Effects of Long-Distance Running in Children 10-14 years-old”: Research poster presentation

**American Medical Society for Sports Medicine Annual Conference (April 2007)**

“The Grape of Wrath”: 2 Minute Drill Presentation

**Sports Medicine Noon Conference (March 21<sup>st</sup>, 2007)**

“Thoracic Outlet Syndrome”: Lecture

**Sports Medicine Noon Conference (January 17<sup>th</sup>, 2007)**

“Acupuncture and Sports Medicine”: Lecture

**Sports Medicine Noon Conference (November 8<sup>th</sup>, 2006)**

“Foot and Ankle Injuries in the Young Athlete”: Lecture

**Pogson Physical Therapy (September 7<sup>th</sup>, 2006)**

“Hip Injuries in the Young Athlete”: Lecture

**Encino-Tarzana Medical Center (August 21<sup>st</sup>, 2006)**

“Early Specialization: Risks and Recommendations”: Lecture

**Encino-Tarzana Medical Center (August 28<sup>th</sup>, 2006)**

“Shoulder Instability in the Young Athlete”: Lecture

**National Youth Leadership Foundation Forum on Medicine (July 2006, July 2007)**

“Pediatric Sports Medicine”: Specialty seminar for high school honor students

**Sports Medicine Noon Conference (May 17<sup>th</sup>, 2006)**

“Hip Injuries in the Young Athlete”: Lecture

**22<sup>nd</sup> Annual UCLA Multi-Campus Family Medicine Research Forum (May 2006)**

“A Pain in the Buttocks”: Case poster presentation

**American Medical Society for Sports Medicine Annual Conference (April 2006)**

“A Pain in the Buttocks”: Case poster presentation

**UCLA Pediatric Resident “Tea Time” (March 2006)**

“Physical Examination of the Shoulder”: Small-group hands-on lecture

**UCLA Medical Student Curriculum (2005-2006, 2006-2007)**

“Physical Examination: Shoulder, Knee and Ankle”: 3-hour lecture and hands-on instruction course.

**Sports Medicine Noon Conference (February 8<sup>th</sup>, 2006)**

“Shoulder Instability in the Adolescent Athlete”: Lecture

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### SPORTS MEDICINE TRAINING AND ACTIVITIES (continued):

- **PRESENTATIONS (continued):**
  - UCLA Family Practice Grand Rounds (December 7<sup>th</sup>, 2005)**  
“How to Examine and Diagnose Shoulder Problems”: Lecture and hands-on instruction module
  - Sports Medicine Noon Conference (November 30<sup>th</sup>, 2005)**  
“Early Specialization: Risks and Recommendations”: Lecture
  - Nurse Practitioners Musculoskeletal Conference (October 2005)**  
“How to Examine and Diagnose Shoulder Problems”: Lecture and hands-on instruction module.
  - Students Run Los Angeles Leaders’ Meeting (August 29<sup>th</sup> 2005)**  
“Dehydration and Hyponatremia”: Lecture to coaches of junior high and high school students training to complete the Los Angeles Marathon.
- **LECTURE SERIES AND SYMPOSIUMS(Continuing Medical Education):**
  - American Academy of Pediatrics, Advances in Pediatrics (April 2011)**
  - Function Biomechanics of the Lower Quarter: Principles of Evaluation and Treatment (Dec 2010)**
  - UCLA Musculoskeletal Ultrasound 2-Day Intensive Course and Workshop (October 2010)**
  - Los Angeles Pediatric Society Brennemann Lectures (October 7<sup>th</sup>-10<sup>th</sup>, 2010)**
  - America Medical Society of Sports Medicine (AMSSM) 14<sup>th</sup>-18<sup>th</sup> Annual Conference (2004-2010)**
  - American Academy of Pediatrics National Conference (2008, 2010)**
  - American College of Sports Medicine Annual National Conference (2006-2009)**
  - 5<sup>th</sup> Annual Current Concepts in Primary Care Sports Medicine (March 2006) Chicago, Illinois**
  - Major League Soccer (MLS) Soccer Medical Symposium (January 2006) Los Angeles, California**  
Symposium lecture/discussion forum addressing: Injury Monitoring, Head injury, Foot/ Ankle Injuries.
  - AMSSM Fellow’s Research Conference (August 5-7<sup>th</sup>, 2005) Ann Arbor, Michigan**
  - 12<sup>th</sup> Annual Course in Clinical Research (July 11<sup>th</sup> -22<sup>nd</sup>, 2005) University of California, Los Angeles**  
Two-week seminar format course to introduce junior faculty to the development of clinical research studies including grant application preparation.
  - Annual Los Angeles Pediatric Society Brennemann Lectures (October 2004,2010)**  
Speaker: Dr. J Garrick, Sports Medicine Center, Saint Francis Memorial Hospital, S.F., California.
  - Pediatric Sports Symposium: Los Angeles, California (November 2004)**  
Conference with lectures by Pediatric Orthopedic and Sports Medicine specialists.
  - “Pediatric Sports Medicine”: University of California, Los Angeles (June 2004)**  
Speaker: Dr. Jennifer Weiss, Pediatric Sports Medicine Orthopedist at Childrens Hospital Los Angeles.

### OTHER RESEARCH:

- **“Literacy-Related Activities Among Children With Special Health Care Needs,” *Infants and Young Children*, vol 21, No 3, p.221-229: July-September 2008**
- **Laboratory Research Assistant**
  - Brookhaven National Laboratory, Long Island, NY (1996-1997)
    - Project goal: To characterize binding factors of Adenovirus 2 Proteinase to its cofactors.
    - Techniques: Enzyme kinetics assays and protein crystallization.

### OTHER ACTIVITIES/EXPERIENCE:

- **Glass Leadership Program: Anti-Defamation League (2008)**
- **Sports Buddies Mentor, Jewish Big Brothers and Big Sisters (2007-2008)**
- **Gene Black Medical Careers Fellowship Coordinator Los Angeles Pediatric Society (2004-2005)**
- **Marathon to the Border Childrens Hospital Los Angeles Emergency Department (2004)**  
First-place winner of the Virtual Marathon fundraiser.
- **Helping HANDS for Child and Youth Advocacy (2003-2005)**  
Resident-driven program that exposes interns to community projects and reinforces a career-long commitment in child advocacy.

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### OTHER ACTIVITIES/EXPERIENCE (continued):

- **Allesandro Elementary School Career Day Resident Coordinator** (2003-2005)  
Coordinate resident participation in all-day event for elementary school students.
- **General Pediatrics Committee Member** (2002-2005)  
Ongoing multi-disciplinary committee that is improving and enhancing the General Pediatrics Clinic.
- **Cerner Internet-Based Medical Computer System Committee Member** (2002-2003)  
Multi-disciplinary committee providing user-feedback to design a new Windows-based medical system.
- **Adolescent Substance Abuse Prevention Group Leader** Valhalla, New York (1997-2001)  
Leader of interactive discussions about health, fitness, alcohol and drugs with 6<sup>th</sup>/7<sup>th</sup> graders.
- **Bike New York** (1997, 2000, 2001)  
Ride participant through New York City's five boroughs.
- **New York Medical College Club Member** (1997-2001)  
Pediatrics Society, Outdoors Club, Ski Club.
- **Charity Bike Tour** New York, New York (1999-2000)  
Ride participant and fundraiser for National Multiple Sclerosis Society.
- **Mayor's Midnight Sun Marathon** Anchorage, Alaska (1998-1999)  
Training and fundraising with Team-In-Training, The Leukemia Society.
- **Biology Teaching Assistant** University of California San Diego (1995-1996)  
Lead discussion sections, provided individual tutoring and wrote/graded exams for the Human Physiology and Metabolic Biochemistry undergraduate courses.
- **San Diego Hunger Project Volunteer** (1992-1996)  
Served hot meals to homeless families in downtown San Diego, California.
- **Intramural Team Captain/Player** University of California San Diego (1992-1996)  
Tennis, Volleyball, Softball, Bowling, Basketball, Inner-tube Water Polo.
- **Southern California Special Olympics Mini-Meet Director** Tri-Valley Division (1994-1995)  
Coordinated event, including managing volunteers and directing pediatric athlete participation.
- **Intercollegiate Lacrosse Varsity Squad** University of California San Diego (1993-1994)  
Team player during regular season and post-season competition in the "Final Four" Western Regional Division Playoffs.
- **Revelle College Community Outreach Director** University of California San Diego (1992-1994)  
Lead and coordinated philanthropic events for Revelle College student social action.
- **Health and Fitness Floor Committee** University of California San Diego (1992-1993)  
Organized activities, sporting events and health information sessions for college students.